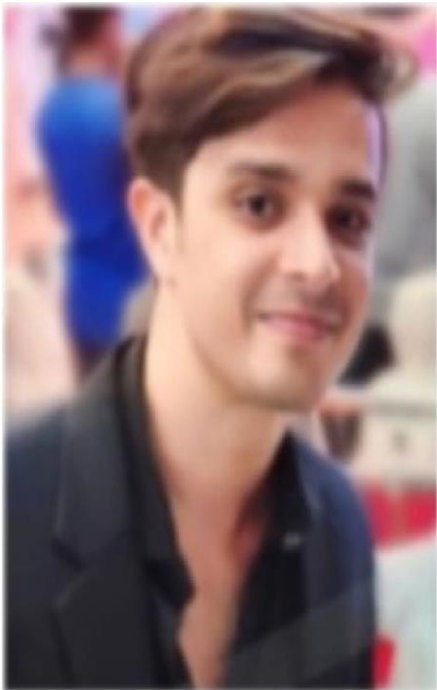




RAHIL AKHTAR

+919901400145

rahil1207akhtar@gmail.com

Bangalore,India 560003

SUMMARY

Dedicated and experienced Work Rider With a strong background in horse training. care. and exercise. Seeking a position where I can apply my skills in equine performance. training techniques, and fitness routines to help enhance the performance of horses while ensuring their well-being and safety.

SKILLS

- Proficient in various equine disciplines. including flatwork.
- Strong understanding of horse behavior and ability to anticipate and address issues before they become problematic.
- Excellent communication skills for working with trainers. veterinarians. and other team members.
- Competent in stable management practices and horse care. Ability to handle both calm and excitable horses in training environments.
- Physically fit with the stamina to perform long. demanding rides.

EXPERIENCE

JOCKEY. 12/2018 • Current

Mysore Race Club. .

- Checked horses for soundness and health. reporting any issues to the trainer
- Prepared horses for races by exercising them and familiarizing them With the track
- Worked closely with trainers to ensure that each horse was in peak condition before a race.
- Monitored horses during races to evaluate performance and adjust strategies accordingly

WORK RIDER . 10/2015 - Current

Mysore Race . Mysuru

- Exercised horses of varying disciplines. including thoroughbreds.
- Assisted in general stable management. including mucking out stalls. feeding. and maintaining clean and safe environments for horses.
- Led horses through fitness programs to improve agility. strength. and endurance.
- Participated in schooling sessions. helping prepare horses for competitive events.

WORK RIDER, 02/2012 - 08/2015

Bangalore Turf Club . Bangalore

- Train and exercise racehorses. focusing on enhancing stamina. speed. and responsiveness.
- School young horses and assist with their development under saddle.
- Participate in morning gallops. ensuring horses are ridden safely and consistently.
- Work closely with trainers to monitor horses' progress and adjust training methods as needed.
- Assist with grooming tacking up. and caring for horses pre- and post-training.
- Maintain clear communication With the team about each horse's Progress behavior. and health. Assisted in daily care and maintenance of horses. including feeding. mucking out. and turning out Exercised and conditioned horses. providing training rides to improve performance and behavior. Ensured horses were property groomed. tacked up. and ready for training sessions.

Reported any signs of injury or discomfort to head trainer or vet for further assessment. Worked as part of a team to ensure that all horses were prepared for events or races.

Work Experience:

Number of years in Racing :- 5years
Number of mounts had so far :- 125
Number of winner and placed :- 4 and 47

PERSONAL INFORMATION

Date of birth :12\07\1995

Age :30

Sex :Male

