

Pranil Vilas Sanap

Senior Horse Rider

✉ pranilsanap1876@gmail.com ☎ 8451968358 📍 Pune, India
🔗 pranil_023 📅 16-02-1994 📠 V2936597



Profile

Dynamic Senior Horse Rider with extensive experience at Mysore Race Club, excelling in race training and horse performance monitoring. Proven ability to enhance horse fitness through tailored conditioning programs while ensuring safety and discipline on track. Skilled in coordinating with trainers and veterinarians, fostering a collaborative environment for optimal race preparation.

Professional Experience

Senior Horse Rider, Mr. V. Arvind Trainer at Mysore Race Club • Led daily track work (trotting, cantering, timed gallops) as per trainer's strategy and race plans. • Assessed horse fitness, stamina, and behavior, provided detailed performance feedback to trainers. • Maintained precise pace control and simulated race conditions during training sessions. • Identified early signs of fatigue, lameness, or health issues and coordinated timely intervention. • Managed saddling, warm-up, and cool-down routines ensuring horse safety and readiness. • Supervised and mentored junior riders, enforcing discipline and safety standards on track. • Coordinated with trainers, veterinarians, and stable staff for overall horse conditioning and race preparation. • Assisted in race planning, gate practice, and pre-race conditioning strategies. • Handled high-value and sensitive racehorses with advanced control and care techniques. • Maintained training records and communicated progress, concerns, and improvements effectively. • Ensured compliance with racing club protocols, safety regulations, and best practices. • Contributed to performance improvement through observation-based riding adjustments.	08/2025 – Present Mysore, India
Senior Horse Rider, Mr. Pratap Kanath Trainer at Mysore Race Club • Conduct daily track work (trotting, cantering, gallops) as per trainer's instructions. • Monitor horse fitness, stamina, and behavior during exercise. • Provide accurate feedback on performance, health, and temperament. • Maintain pace control and assist in race-condition training. • Identify signs of fatigue, lameness, or health issues and report promptly. • Handle saddling, warm-up, and cool-down routines safely. • Guide and supervise junior riders and ensure safety compliance. • Coordinate with trainers, grooms, and veterinarians for horse readiness.	02/2025 – 07/2025 Mysore, India

- Support race preparation including gate practice and conditioning.

Horse Rider & Groom,

Mr. Faisal Abbas Trainer at ROYAL WESTERN INDIAN TURF CLUB

06/2013 – 12/2024
Pune & Mumbai, India

- Trained and exercised racehorses (trotting, cantering, gallops) to improve speed, stamina, and agility.
- Collaborated with trainers and veterinarians to ensure optimal horse health and performance.
- Assisted in evaluation and selection of potential racehorses.
- Implemented customized training programs based on individual horse needs.
- Managed daily feeding, watering, and specialized diet preparation.
- Maintained stable hygiene including mucking out stalls and yard upkeep.
- Performed grooming, bathing, clipping, and tack maintenance.
- Monitored horse health, identified injuries/illness, and administered basic care (bandaging, hoof cleaning).
- Ensured proper handling, safety practices, and equipment management.

Horse Rider, *Mr. Mallesh Narredu Trainer at ROYAL WESTERN INDIAN TURF CLUB*

05/2011 – 03/2013
Mumbai, India

- Conducted regular exercise routines (trotting, cantering, gallops) to maintain horse fitness and conditioning.
- Ensured rider and horse safety by following proper riding practices and using appropriate equipment.
- Monitored horse health during training, identified signs of injury or illness, and coordinated with veterinarians.

Horse Groom, *Mr. S.K. Sunderji Trainer at ROYAL WESTERN INDIAN TURF CLUB*

06/2008 – 04/2011
Pune, India

- Provided daily feeding and watering as per nutritional plans, including specialized diets and supplements.
- Maintained stable hygiene by mucking out stalls and ensuring clean bedding.
- Performed grooming, bathing, and clipping to maintain horse health and appearance.
- Monitored horse health, administered basic treatments, and reported abnormalities to veterinarian/trainer.
- Ensured cleanliness and disinfection of stables, equipment, and water/feed containers.
- Managed tack room and maintained equipment in proper condition.
- Refilled hay and water supplies and maintained overall yard cleanliness.

Skills

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| <ul style="list-style-type: none"> • Strong horse riding & handling Race training (gallops, cantering, trotting). • Understanding horse behavior. Basic horse health & injury detection. • Stable and tack management. Feeding & basic nutrition knowledge | <ul style="list-style-type: none"> • Horse fitness & performance monitoring. • Coordination with trainers & veterinarians. Supervision of junior riders • Safety and discipline on track. |
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