Jessemay Lowings

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Personal Statement

Currently I am looking for work in New Zealand. I use to work at Step it up Horse riding. I am was working with 10 horses and giving riding and therapy lessons to children. I studied my equine Horse care 1 and 2 and Equine behavior at ACS Distance education. I am 26 years old. I am a good rider and I have been around horses from a young age as well as riding from a young age. I am a team player and will work hard to prove myself. I am eager to learn new skills.

Summary of skills and Attributes.

Technical

- I started riding at the age of 4 and competing soon after.
- I groomed and tacked up the horse I was riding from a young age.
- I started mucking out the horse I was ridings stable at the age of 7.
- I started competing in small local showjumping and equitation competitions at the age of 5.
- I can take care of wounds, mix feed and take care of horses accurately.
- I can work with horses on the ground as well as ride.
- I know how to give lessons as well as work with children with special needs.
- Daily horse checks and equipment checks.
- Feeding and grooming of horses. (no mucking off stalls, horses stand in a field.)
- Racking of arena.
- Filling up feeding rings with hay bales twice a week.

Interpersonal

- Daily lessons with special needs students as well as riding lessons and interacting with parents.
- Communicating safety with children around horses as well as coworkers.

Communication.

• My verbal and written communication is excellent, I always make sure to communicate clearly to others to ensure they understand me.

Practical

- I am physically active, healthy, and fit.
- I ride horse every day, pick up feed bags weekly and jog next to horses every afternoon with riding lessons.

Employment History

2021-31/08/2023, therapy assistant, Step it up Equestrian.

- Therapy lessons. Giving the therapy lessons on horseback that the therapist worked out.
- Giving riding lessons to the non-therapy children.
- Working and riding the horses.
- Grooming and feeding horses.
- Cleaning tack.
- Helping at show days with the children and horses participating.
- Basic first aid on horses.
- Lunging horses

Letabo perr

- Riding and competing with horses
- Helping with feeding and mucking
- Horse care
- Moving horses from fields to stables
- Cleaning and looking after tack.
- Basic first aid on horse
- Showing young riders how to work, groom, tack horses up.
- Lead young riders in competitions and show days.
- Gave theoretical classes to young riders.
- Groundwork with young horses
- Lunging
- Halter training

Mooikrans (practical work while doing studies)

- Moving horses from one camp to another.
- Feeding horses.
- Grooming
- riding horses
- Ground work with horses
- Cleaning tack
- Cleaning yard and arenas

Education and qualification

Matric (grade 12) Certificate, CVO Gromar high school, Groblersdal, South Africa, 2015

- Certificate number: 16011996725P
- Umalusi Council of Quality Assurance in General and further education and training South Africa.

Equine qualifications

- Statement of attainment Equine Behavior
- Statement of attainment Horse care I
- Statement of attainment Horse care II

I am still working to my certificate in Advanced Certificate in Equine Studies.

Personal interests/activities

- Excellent health and fitness record
- Reading
- Learning new skills
- Hikes and time in nature.

Referees

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